

The Aleph Complex contains sudden noises, flashing lights, minor cuts and blood, and depictions of simulated panic attacks. If these are potential triggers for you, please see the below scene descriptions for more information.

NOTE: *The Aleph Complex* Team is diligent in caring for our actors during these highly emotional scenes. While they may appear in distress on stage, take comfort in knowing that our artists are taking steps to care for their mental and physical health behind the scenes.

| Scene | Location | Description of Trigger |
|------------------|---------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Act I Scene I | The Void | -Loud, sudden sound effects - storm, freight train |
| Act I Scene II | Apartment | -None |
| Act I Scene III | Borders | -None |
| Act I Scene IV | Apartment | -None |
| Act I Scene V | Borders | -Sudden sound effects - discordant piano, other indistinguishable chaotic sounds - Minor cuts on arm mimicking paper cuts |
| Act I Scene VI | Apartment/ Borders | -Simulated Panic Attack - Nicky and Naomi both hyperventilate and appear in distress with Naomi crouching into the fetal position -Sudden sound effects - return of sounds from before |
| Act II Scene I | Apartment | -None |
| Act II Scene II | Void/ Apartment/ Borders | -Sudden sound effects - stampede, jackhammer, train |
| Act II Scene III | Borders | -Minor wound and blood on hand mimicing a bite -Sudden sound effects - crash, weather, glass shattering, banging on wall -Simulated panic attack - Nicky moves away from Borders Guy suddenly and begins to hyperventilate -Flashing lights |
| Act II Scene IV | Apartment/ Aleph/ Borders | -Flashing Lights -Sudden sound effects - storm -Simulated Panic Attack - Nicky hyperventilates and cries surrounded by shadows ensemble members |
| Act II Scene V | Void/ Apartment/ Borders | -None |

If you need to exit the theatre at any point during the performance to care for yourself, please feel free to do so.