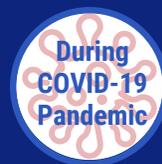




# Monday Messages to Students from Alumni



**From a 1980s Graduate:** *Hello Fellow Bereans!! With today's technology at your fingertips I'd encourage you to reach out to those friends and family members you have not spoken to in a while!! If possible take those walks around campus in a slower fashion and enjoy the fresh air and reflect on your time there at Berea. We all are in this pandemic together and face it in our unique ways. For me, long drives, like 2000-3000 mile long drives. Enjoying the roads less traveled throughout Appalachia. Camping in the Smokies, at Stone Mountain outside of Atlanta, and even along the coast. Respectful of others' choices and still embracing the incredible countryside around us has helped keep my spirits up as well as those we reach out too. Enjoy the journey and as others have said, Berea is such a great foundation for your journey ahead!!*

**From Rebecca Mann, Class of 1967:** *Dearest Students, As an alumna who will turn 75 soon, my advice to you to help you get through this pandemic is to follow science and the advice of doctors to stay well. If you can stay well, you can survive to graduate and live to help others, We do feel bored as this virus keeps us waiting for a vaccine, but you can use this time to study and learn many ideas and facts in your major. Patience is the key, and faith for a resolution is the backbone for our future.*

**From a 2000s Graduate:** *Dear Berea Students...we all know this year has not been what we had hoped it would be. But you have found your place at an institution that keeps students first and at the core of all that it does. The campus community will support you in your academic progress and will help you get through this pandemic. I am proud to be a Berea College Alum and amazed at the great work Berea students continue to do. Keep up the good work and continue to practice habits that keep our Berea community safe, you can do this!*