
 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, contact the Plan Sponsor at (859) 858-2285. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary> or call 1-866-487-2365 to request a copy.

| Important Questions   | Answers  | Why This Matters:  |
|---|--|--|
| <b>What is the overall <a href="#">deductible</a>?</b>                                | <p><b>\$4,000</b>/individual or <b>\$8,000</b>/family for Lexington Clinic Providers.</p> <p><b>\$5,500</b>/individual or <b>\$11,000</b>/family for Network Providers.</p> <p><b>\$11,000</b>/individual or <b>\$22,000</b>/family for Out-of-Network Providers.</p>  | <p>Generally, you must pay all of the costs from providers up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a>, each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a>.</p>  |
| <b>Are there services covered before you meet your <a href="#">deductible</a>?</b>    | <p>Yes. In-network <a href="#">preventive care</a> is covered before you meet your deductible.</p>   | <p>This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a>. See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>.</p> |
| <b>Are there other <a href="#">deductibles</a> for specific services?</b>             | <p>No.</p>   | <p>You don't have to meet deductibles for specific services.</p>   |
| <b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b> | <p><b>\$5,500</b>/individual or <b>\$11,000</b>/family for Lexington Clinic Providers.</p> <p><b>\$5,500</b>/individual or <b>\$11,000</b>/family for Network Providers.</p> <p><b>\$11,000</b>/individual or <b>\$22,000</b>/family for Out-of-Network Providers.</p> | <p>The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a>, they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.</p> <p><i>The Maximum Out-of-Pocket limits accumulate jointly for Lexington Clinic Providers and Network Providers.</i></p>  |
| <b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>               | <p><a href="#">Premiums</a>, <a href="#">balance-billing</a> charges, penalties, Out-of-Network transplant services, and health care this <a href="#">plan</a> doesn't cover.</p>  | <p>Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a>.</p>  |
| <b>Will you pay less if you use a <a href="#">network provider</a>?</b>               | <p>Yes. See <a href="http://www.anthem.com">www.anthem.com</a> or call ARC Administrators at 1-877-309-2955 for a list of <a href="#">network providers</a>.</p>   | <p>You pay the least if you use a provider in Lexington Clinic. You pay more if you use a network provider. You will pay the most if you use an <a href="#">out-of-network provider</a>, and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and</p>   |

|  |     |  |
|--|-----|--|
|  |     | what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services. |
| Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ? | No. | You can see the specialist you choose without a referral.  |

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event   | Services You May Need                                  | What You Will Pay                                  |                  |   | Limitations, Exceptions, & Other Important Information  |
|--|--|--|------------------|---|---|
|  |  | Lexington Clinic Provider (You will pay the least) | Network Provider | Out-of-Network Provider (You will pay the most) |   |
| If you visit a health care <a href="#">provider's</a> office or clinic   | Primary care visit to treat an injury or illness       | 0% coinsurance                                     | 0% coinsurance   | 40% <a href="#">coinsurance</a>                 | -----None-----  |
|  | <a href="#">Specialist</a> visit                       | 0% coinsurance                                     | 0% coinsurance   | 40% <a href="#">coinsurance</a>                 | -----None-----  |
|  | <a href="#">Preventive care/screening/immunization</a> | No charge  | No charge        | 40% <a href="#">coinsurance</a>                 | You may have to pay for services that aren't <a href="#">preventive</a> . Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your <a href="#">plan</a> will pay for.  |
| If you have a test   | <a href="#">Diagnostic test</a> (x-ray, blood work)    | 0% coinsurance                                     | 0% coinsurance   | 40% <a href="#">coinsurance</a>                 | -----None-----  |
|  | Imaging (CT/PET scans, MRIs)                           | 0% coinsurance                                     | 0% coinsurance   | 40% <a href="#">coinsurance</a>                 | Precertification is required.   |
| If you need drugs to treat your illness or condition<br>More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.caremark.com">www.caremark.com</a> | Generic drugs (Tier 1)                                 | Not covered  | 0% coinsurance   | Not covered                                     | CVS Caremark Network Pharmacies are covered.<br><br>Your plan uses a preferred drug list which identifies the status of covered drugs. Some drugs may require preauthorization. If the necessary preauthorization is not obtained, the drug may not be covered. |
|  | Preferred brand drugs (Tier 2)                         | Not covered  | 0% coinsurance   | Not covered                                     |   |
|  | Non-preferred brand drugs (Tier 3)                     | Not covered  | 0% coinsurance   | Not covered                                     |   |
|  | <a href="#">Specialty drugs</a> (Tier 4)               | Not covered  | 0% coinsurance   | Not covered                                     |   |

\*For more information about limitations and exceptions, see the plan or policy document.

| Common Medical Event  | Services You May Need                            | What You Will Pay                                  |                                |   | Limitations, Exceptions, & Other Important Information   |
|---|--|--|--------------------------------|---|--|
|   |  | Lexington Clinic Provider (You will pay the least) | Network Provider               | Out-of-Network Provider (You will pay the most) |  |
| If you have outpatient surgery  | Facility fee (e.g., ambulatory surgery center)   | 0% coinsurance                                     | 0% coinsurance                 | 40% <a href="#">coinsurance</a>                 | Precertification is required.  |
|   | Physician/surgeon fees                           | 0% coinsurance                                     | 0% coinsurance                 | 40% <a href="#">coinsurance</a>                 | -----None-----   |
| If you need immediate medical attention                                   | <a href="#">Emergency room care</a>              | Not applicable                                     | 0% coinsurance                 | Covered as In-Network                           | Non-emergent care is not covered.  |
|   | <a href="#">Emergency medical transportation</a> | Not applicable                                     | 0% coinsurance                 | Covered as In-Network                           | Precertification is required for non-emergent ambulance.   |
|   | <a href="#">Urgent care</a>                      | 0% coinsurance                                     | 0% coinsurance                 | Covered as In-Network                           | Additional costs may apply based on services provided.   |
| If you have a hospital stay   | Facility fee (e.g., hospital room)               | Not applicable                                     | 0% coinsurance                 | 40% <a href="#">coinsurance</a>                 | Precertification is required.  |
|   | Physician/surgeon fees                           | 0% coinsurance                                     | 0% coinsurance                 | 40% <a href="#">coinsurance</a>                 | -----None-----   |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services                              | Not covered  | 0% coinsurance                 | 40% <a href="#">coinsurance</a>                 | -----None-----   |
|   | Inpatient services                               | Not applicable                                     | 0% <a href="#">coinsurance</a> | 40% <a href="#">coinsurance</a>                 | Precertification is required.  |
| If you are pregnant   | Office visits                                    | 0% coinsurance                                     | 0% coinsurance                 | 40% <a href="#">coinsurance</a>                 | Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). |
|   | Childbirth/delivery professional services        | 0% coinsurance                                     | 0% coinsurance                 | 40% <a href="#">coinsurance</a>                 |  |
|   | Childbirth/delivery facility services            | Not applicable                                     | 0% coinsurance                 | 40% <a href="#">coinsurance</a>                 |  |
| If you need help recovering or have other special health                  | <a href="#">Home health care</a>                 | Not applicable                                     | 0% coinsurance                 | 40% <a href="#">coinsurance</a>                 | Precertification is required. Limited to 100 visits/year combined Network & Out-of-Network.  |

\*For more information about limitations and exceptions, see the plan or policy document.

| Common Medical Event       | Services You May Need                         | What You Will Pay                                  |                  |   | Limitations, Exceptions, & Other Important Information   |
|----------------------------|---|--|------------------|---|--|
|                            |   | Lexington Clinic Provider (You will pay the least) | Network Provider | Out-of-Network Provider (You will pay the most) |  |
| <b>needs</b>               | <a href="#">Rehabilitation services</a>       | 0% coinsurance                                     | 0% coinsurance   | 40% <a href="#">coinsurance</a>                 | Precertification is required for physical therapy, occupational therapy, speech therapy, and cardiac rehabilitation.<br><br>Outpatient therapy limits are combined Network & Out-of-Network:<br>Physical Therapy: 20 visits/year<br>Manipulation Therapy: 15 visits/year<br>Occupational Therapy: 20 visits/year<br>Speech Therapy: 20 visits/year<br>Cardiac Rehabilitation: No visit limits<br>Pulmonary Rehabilitation: No visit limits |
|                            | <a href="#">Habilitation services</a>         | 0% coinsurance                                     | 0% coinsurance   | 40% <a href="#">coinsurance</a>                 | Physical Therapy: 20 visits/year<br>Manipulation Therapy: 15 visits/year<br>Occupational Therapy: 20 visits/year<br>Speech Therapy: 20 visits/year<br>Cardiac Rehabilitation: No visit limits<br>Pulmonary Rehabilitation: No visit limits   |
|                            | <a href="#">Skilled nursing care</a>          | Not applicable                                     | 0% coinsurance   | 40% <a href="#">coinsurance</a>                 | Precertification is required.<br>Limited to 90 days/year combined Network & Out-of-Network.  |
|                            | <a href="#">Durable medical equipment</a>     | 0% coinsurance                                     | 0% coinsurance   | 40% <a href="#">coinsurance</a>                 | Precertification is required.  |
|                            | <a href="#">Hospice services</a>              | Not applicable                                     | 0% coinsurance   | Covered as In-Network                           | Precertification is required.  |
|                            | <b>If your child needs dental or eye care</b> | Children's eye exam                                | 0% coinsurance   | 0% coinsurance                                  | 40% <a href="#">coinsurance</a>  |
| Children's glasses         |   | Not covered  | Not covered      | Not covered                                     | -----None-----   |
| Children's dental check-up |   | Not covered  | Not covered      | Not covered                                     | -----None-----   |

**Excluded Services & Other Covered Services:**

|   |   |   |
|---|---|---|
| <b>Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a>.)</b> |   |   |
| <ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Cosmetic Surgery</li> <li>• Dental Care (Adult)</li> </ul>  | <ul style="list-style-type: none"> <li>• Infertility Treatment</li> <li>• Long-Term Care</li> </ul> | <ul style="list-style-type: none"> <li>• Routine Foot Care</li> <li>• Weight Loss Programs</li> </ul> |

\*For more information about limitations and exceptions, see the plan or policy document.

**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)**

- Bariatric Surgery
- Chiropractic Care
- Hearing Aids
- Non-emergency care when traveling outside the U.S.
- Private Duty Nursing
- Routine Eye Care (Adult)

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: ARC Administrators at 1-877-309-2955, the Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), or the Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: ARC Administrators at 1-877-309-2955 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Additionally, a consumer assistance program can help you file your appeal. Contact Kentucky Department of Insurance, Consumer Protection Division at 1-800-595-6053 or <http://healthinsurancehelp.ky.gov>.

**Does this plan provide Minimum Essential Coverage? Yes.**

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this plan meet Minimum Value Standards? Yes.**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-309-2955.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-309-2955.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-309-2955.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-877-309-2955.

————— *To see examples of how this plan might cover costs for a sample medical situation, see the next section.* —————

About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$5500
- [Specialist copayment](#) 0%
- [Hospital \(facility\) coinsurance](#) 0%
- [Other coinsurance](#) 0%

**This EXAMPLE event includes services like:**

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

|                           |                 |
|---------------------------|-----------------|
| <b>Total Example Cost</b> | <b>\$12,800</b> |
|---------------------------|-----------------|

**In this example, Peg would pay:**

| <i>Cost Sharing</i>               |                |
|-----------------------------------|----------------|
| Deductibles                       | \$5,500        |
| Copayments                        | \$0            |
| Coinsurance                       | \$0            |
| <i>What isn't covered</i>         |                |
| Limits or exclusions              | \$0            |
| <b>The total Peg would pay is</b> | <b>\$5,500</b> |

**Managing Joe's type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$5500
- [Specialist copayment](#) 0%
- [Hospital \(facility\) coinsurance](#) 0%
- [Other coinsurance](#) 0%

**This EXAMPLE event includes services like:**

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$7,400</b> |
|---------------------------|----------------|

**In this example, Joe would pay:**

| <i>Cost Sharing</i>               |                |
|-----------------------------------|----------------|
| Deductibles                       | \$5,500        |
| Copayments                        | \$0            |
| Coinsurance                       | \$0            |
| <i>What isn't covered</i>         |                |
| Limits or exclusions              | \$0            |
| <b>The total Joe would pay is</b> | <b>\$5,500</b> |

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$5500
- [Specialist copayment](#) 0%
- [Hospital \(facility\) coinsurance](#) 0%
- [Other coinsurance](#) 0%

**This EXAMPLE event includes services like:**

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$1,900</b> |
|---------------------------|----------------|

**In this example, Mia would pay:**

| <i>Cost Sharing</i>               |                |
|-----------------------------------|----------------|
| Deductibles                       | \$1,900        |
| Copayments                        | \$0            |
| Coinsurance                       | \$0            |
| <i>What isn't covered</i>         |                |
| Limits or exclusions              | \$0            |
| <b>The total Mia would pay is</b> | <b>\$1,900</b> |