ABOUT THE DEPARTMENT
Graduates receive a Bachelor of Arts (BA) in Health and Human Performance (HHP) with a P-12 teacher certification available. Students may also pursue a minor in Dance, Health Studies, or Health Teaching.

OPPORTUNITIES & INTERNSHIPS
• Certifications are offered in Teaching, First Aid, CPR, and Water Safety Instruction. Certain courses, such as Scuba Diving, offer more specialized certifications allowing students to pursue a broad range of work, professional development and internship opportunities.
• The Seabury Center is Berea College’s central athletic and recreational facility, which includes a full-length pool, weight-room, cardio room, racquetball courts, athletic training center, indoor and outdoor track, a 2,000-seat basketball arena, and a secondary gymnasium. HHP students often hold class and work positions at the Seabury center, especially those with a focus in athletic training.
• In coordination with the Danish Gymnastics & Sports Association (DGI), students have the opportunity to study abroad in Denmark with a focus on Danish style gymnastics and movements, folk dancing, leadership, exchange programs, and other sports.
• Students lead multiple recreation organizations on campus. Intramural Sports aims to increase student health, involvement, and overall fun through sport and community building activities. Outdoor Recreation promotes enjoyment of the outdoors through community and hands on wilderness education.

CAREERS & OUTCOMES
HHP graduates find success in a wide range of occupations and career paths including:
• Physical Therapy
• Athletic Training
• Teaching (primary, secondary, and higher education)
• Wellness Promotion
• Recreation Leadership
• Sports Management
WHY IS A LIBERAL ARTS EDUCATION VALUABLE?

A liberal arts education at Berea College, combined with our work study program, equips students with highly employable skills like communication, problem-solving, and teamwork. Beyond offering a degree program, we help our students develop social responsibility and prepare them to successfully navigate diversity, change, and the complex demands of a modern workplace.

“People with a liberal arts education are able to think and view the world from several different perspectives . . . This ability to understand and adapt is very valuable in today’s workplace.”

Edward B. Rust Jr.
Chairman and CEO, State Farm Insurance Companies